Suggested Reading for Prevention in Higher Education

Understanding prevention in higher education can take time for people who are new to prevention work, working in higher education, or both. Getting familiar with key publications, resources, and terms, helps build readiness for coalition members to be engaged and take action. Compiled here are some key documents that can help lay the ground for prevention work in higher education. Check out the PIP Recommended Reading series here - mopip.org/pip/recommended-reading

Alcohol Use

- Academic Performance, Retention, and Alcohol Use - safesupportivelearning.ed.gov//sites/default/files/HighEdUpdateAcadConseq-508.pdf
- College Alcohol Risk Assessment Guide - files.eric.ed.gov/fulltext/ED514315.pdf
- NIAAA College Alcohol Intervention Matrix (College AIM) - collegedrinkingprevention.gov/collegeaim
- Reducing Alcohol Use and Related Problems Among College Students: A Guide to Best Practices - marylandcollaborative.org/a-guide-to-best-practices/

Cannabis Use

- Michigan Collegiate Cannabis Prevention Toolkit - preventionnetwork.org/resources/michigan-collegiate-cannabis-prevention-toolkit/
- CADE Higher Education Cannabis Prevention Toolkit - naspa.org/images/uploads/events/higher_education_cannabis_toolkit.pdf

Bias and Discrimination

- Recognizing Your Biases - National Education Association - nea.org/recognizing-your-biases
- Implicit Bias, Microaggressions, and Stereotypes - nea.org/resource-library/implicit-bias-microaggressions-and-stereotypes-resources
- Guidelines for Discussing Incidents of Hate, Bias, and Discrimination - crlt.umich.edu/publinks/respondingtobias

Interpersonal Violence

- Connecting the Dots: An Overview of the Links of Multiple Forms of Violence - stacks.cdc.gov/view/cdc/183359
- Enhancing Campus Sexual Assault Prevention Efforts Through Situational Interventions - valor.us/publications/enhancing-campus-sexual-assault-prevention-efforts-through-situational-interventions/
- Stop SV: A Technical Package to Prevent Sexual Violence - cdc.gov/violenceprevention/pdf/sv-prevention-technical-package.pdf

Mental Health

- A Guide to Campus Mental Health Action Planning - JED Foundation - jedfoundation.org/wp-content/uploads/2021/07/campus-mental-health-action-planning-jed-guide.pdf
- Mental Health - American College Health Association - acha.org/college-health-topics/mental-health/

Prescription and Illicit Drug Use

- Opioid Overdose Prevention Toolkit - store.samhsa.gov/sites/default/files/d7/priv/sma18-4742.pdf
- Opioid Prescribing in College Health - campusdrugprevention.gov/sites/default/files/2021-11/ACHA_Opioid_Prescribing_in_College_Health.pdf
- Stimulant Medication Misuse Prevention: Peer Education Toolkit - naspa.org/images/uploads/events/CPAMM_Toolkit_2018.pdf

Substance Use

- A Campus Case Study in Implementing Social Norms and Environmental Management Approaches - safesupportivelearning.ed.gov/sites/default/files/hec/product/uofacasestudy.pdf
- Addressing College Drinking and Drug Use - campusdrugprevention.gov/views-from-the-field/addressing-substance-misuse-campus-together
- CADCA Community Coalitions Handbook - cadca.org/resource/handbook-community-anti-drug-coalitions/
- Environmental Management: A Comprehensive Strategy for Reducing Alcohol and Other Drug Use on College Campuses - safesupportivelearning.ed.gov/sites/default/files/sssta/20130315_enviromgnt.pdf
- Experiences in Effective Prevention - campusdrugprevention.gov/sites/default/files/2021-11/effective-prevention.pdf
- Focus on Prevention: Strategies and Programs to Prevent Substance Use - library.samhsa.gov/product/focus-prevention/sma10-4120
- The Academic Opportunity Costs of Substance Use During College - cls.umd.edu/docs/AcadOppCosts.pdf
- The Off-Campus Environment: Approaches for Reducing Alcohol and Other Drug Problems - files.eric.ed.gov/fulltext/ED537621.pdf

Strategic Prevention

- SAMHSA's Strategic Priorities - samhsa.gov/about/strategic-priorities
- A Guide to SAMHSA's Strategic Prevention Framework - library.samhsa.gov/product/guide-samhsas-strategic-prevention-framework/pep19-01
- Prevention With Purpose: A Strategic Planning Guide for Preventing Drug Misuse Among College Students - campusdrugprevention.gov/preventionguide

Suicide

- Preventing Suicide: A Technical Package of Policy, Programs, and Practices - stacks.cdc.gov/view/cdc/44275
- Postvention: A Guide for Response to Suicide on College Campuses - sprc.org/resources/postvention-a-guide-for-response-to-suicide-on-college-campuses/
- Suicide Prevention Resource for Action - cdc.gov/suicide/resources/prevention.html

Tobacco Use

- Addressing E-Cigarette Use and Vaping on College and University Campuses - acha.org/resource/addressing-e-cigarette-use-and-vaping-on-college-and-university-campuses/
- Tobacco-Free Policy Toolkit for Institutions of Higher Education - texascancer.info/pdfs/tobaccofreepolicytoolkit.pdf

Well-being and Health Promotion

- Okanagan Charter -president.media.uconn.edu/wp-content/uploads/sites/3778/2024/04/Okanagan_Charter_Oct_6_2015.pdf
- Standards of Practice for Health Promotion in Higher Education - portal.acha.org/documents/resources/guidelines/ACHA_Standards_of_Practice_for_Health_Promotion_in_Higher_Education_October2019.pdf