



WashU Recovery Group

Common Questions Answered

What is the Recovery Group?

Undergraduate and graduate students in recovery from substance use meet weekly on campus to support one another.



What can I expect?



- Judgment-free environment
- 24/7 access to a private space
- Connection to resources
- Optional weekly meetings (this is not a 12-step program)

Is this group for me?

This group is for you if you are:

- A current WashU student
- In recovery from substance use
- Looking for peer support
- Seeking substance-free fun



How can I join?



Interested students can email Recovery@wustl.edu to set up a meeting to discuss joining the Recovery Group.



Habif Health and
Wellness Center

STUDENT AFFAIRS AT WASHINGTON UNIVERSITY

Questions?
Email

Recovery@wustl.edu